

### MENU

#### SALAD

Bacon, Blue Cheese, &  
Apple Chopped Romaine Salad

#### ENTREES

Grilled Tenderloin Medallion  
w/ Merlot Demi-Glace  
&  
Pan-Seared Blue Crab Cake  
w/ White Wine Sauce

#### SIDES

Rosemary & Garlic Whipped Potato  
& Grilled Jumbo Asparagus

#### DESSERT

Chocolate Peanut Butter Pie

#### BEVERAGES

Assorted Red and White Wines, Iced Tea,  
Coffee & Tea



We invite you to join us for a delicious lunch at **Abingdon at Tradition**. One of the hallmarks of a Senior Living Community is the delectable cuisine created by our Executive Chef. We would love to give you a small taste of what you can expect at Abingdon. Please join us for an informative Lunch and Learn where you can see and hear about this unprecedented community.

Register for the Lunch and Learn you prefer to attend by completing the form on our website. An Abingdon associate will be in touch with you to confirm your reservation and selection of your luncheon entree.